

SUTHERLAND HOUSE SCHOOL

School Newsletter

Summer Term 1 2026

AEM

Sutherland House School

Written and collated by Phoebe Doyle,
with the help of our students.

School Notices:

Future Sporting tournaments and events for the diary include:

The theme for RSHE Summer 2 is Growing and changing. Pupils will continue to explore self-care and wellbeing strategies, along with dealing with change.

Themes explored in next term's assemblies are: Recycling, LGBTQ+, Healthy living and Disability awareness.

Local community Notices:

- Nottingham Contemporary SEND workshops
- Nottingham city library craft and robot making workshops

Just like us

Students recently took part in an engaging and informative workshop exploring what it can be like growing up LGBT+ and the importance of allyship. The session provided age-appropriate explanations of key terms and concepts, helping students build understanding in a respectful and inclusive way.

Through supportive and positive discussions, pupils learned how promoting inclusion and kindness can improve wellbeing for everyone, regardless of whether they identify as LGBT+ or not. The workshop also encouraged students to challenge anti-LGBT+ attitudes, break down stereotypes, and explore positive and diverse LGBT+ representation, including the experiences of LGBT+ people of faith.

Delivered by relatable speakers aged 18–25, the session gave students the opportunity to hear real-life experiences and ask thoughtful questions in a safe and supportive environment.



Dodgeball tournament

Our students recently took part in dodgeball tournament held on Tuesday 12th May at Harvey Haddon Sports Centre. The event provided a fantastic opportunity for students to represent the school, demonstrate excellent teamwork and sportsmanship, and compete against other schools in an exciting and enjoyable atmosphere. All students involved showed great effort and determination, and we are very proud of their achievements and conduct throughout the day.



Gold award

Sutherland House School
are awarded the GOLD
award for the second year.



We are delighted to announce that we, Sutherland House School, have achieved the School Games GOLD Mark Award for the 2025/26 academic year.

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success.

Our sporting achievements this year include:

University Move, Achieve and Believe event
Two football games V Nethergate School
School Swimming
School Horse Riding
Dodgeball tournaments for KS3 and 4
Handball tournaments for KS3 and 4
Boccia
New Age Kurling
Relay running
Sports Leaders Workshop
Megafest KS3 and 4
Ice Skating
Table Cricket at Trent Bridge
Jingle Jog @ Rushcliffe country park

With a total of young people competing in local inter-school competitions this year, we are extremely proud of our pupils for their dedication to all aspects of school sport, including those young volunteers, leaders and officials who made our competitions possible.

As part of our application, we were asked to fulfil criteria in the areas of participation, competition, workforce and clubs, and we are pleased that the hard work of everyone at our school has been rewarded this year.



Duke of Edinburgh

Since 1956, millions have taken on the DofE challenge: building confidence, resilience and skills that last a lifetime. From character-building expeditions to community volunteering, these experiences don't just change individual lives – they ripple out, strengthening families, schools, communities and society as a whole.

Today's generation is growing up in a world full of uncertainty, from mental health pressures to a rapidly changing tech landscape, economic challenges and climate anxiety. But time and again, young people show us their determination, creativity and drive, especially when they're given the space and support to thrive.

Here's to celebrating the wonderful work that our pupils have done and continue to do at Sutherland House School, to contribute to the Duke of Edinburgh challenge. Also, a special mention to our Active Living teacher Richard, who has made this happen for our pupils and the wider school team! Thank you.



Preparation for adulthood- wider school life

A few snapshots of all the things our pupils have been doing across the school this term to build independence skills! Pupils continue to make us all proud of the progress they are making!



Preparation for adulthood- wider school life- 2

A few more snapshots of all the things our pupils have been doing across the school this term to build independence skills! Pupils continue to make us all proud of the progress they are making!



Football match

Sutherland House, Woodlands and Nethergate School organised an outdoor Key Stage 3/4 Football match. The date and place of the event was: Monday 27th April at Harvey Haddon Leisure Centre, Nottingham 11 – 12pm.

The team consisted of players from Sutherland House School wearing red football shirts or bibs, shin pads, red shorts/socks and relevant footwear. Nethergate wore a blue kit, Woodlands wore a green kit. Before the game the students participated in a warmup passing activity with Coden and were briefed on the rules of the games. The students who represented Sutherland House School for this football event were from Key Stages 3 and 4. The first game consisted of four five-minute quarters, therefore 20-minute game. There was a couple of minutes drink break at the end of each quarter.

The final scores were Sutherland House School 1 Woodlands 4.

In the second and shorter game the score was Sutherland House 2 Nethergate B team 2.

Both games were 7-a-side, very competitive with teams evenly matched. There will be a return fixture involving all three schools as the event was a great success. All the students enjoyed playing in a competitive football match against other schools on a large 3G football pitch with five a- side goals. The students represented the school in a positive manner and played the game fairly and to the rules. Despite the obvious disappointment of losing, they respected the referee decisions and listened to familiar staff who supported them.



Boccia

Sutherland House School were invited to participate in an Inclusive Boccia event organised by Nottingham City Council Sports Active department. The date and place of the event was: Thursday 23rd April at, Harvey Haddon Sports and Leisure centre in Bilborough 10am – 12pm. The event was for Key Stage 3/4 students and was attended by over ten mainstream and SEN schools from the city and Nottinghamshire. It was their largest Boccia event to date.

The students who represented Sutherland House School for this tournament were four from class 8 and two from class 12. We were given red boccia balls with the aim of rolling them closest to the white jack whilst the other schools we played attempted to get their blue boccia balls either closer or knock the red ones out of the way.

Sutherland House School played five games of Boccia against the following schools with the results:

Sutherland House School 2 Ellis Guilford 1

Sutherland House School 3 Oakfield 1

Sutherland House School 1 Brackenhill 3

Sutherland House School 0 Quarrydale 4

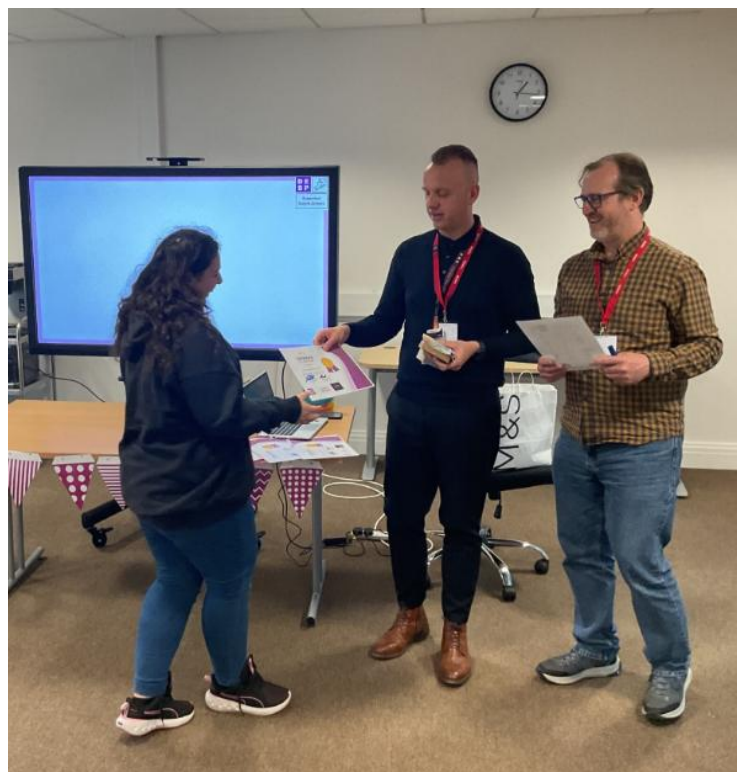
Sutherland House School 3 George Spencer 1

This was the first time the students from class 8 and 12 have played a competitive game of Boccia in any tournament with other schools. The students represented the school incredibly well and all enjoyed the experience. The students displayed great teamwork and communication. A special mention for two students from class 8 who helped to officiate the games by holding up the coloured cards to who is to roll the next Boccia ball.



East midlands rail- Supported insights scheme

Pupils at Sutherland House School recently celebrated the successful completion of the East Midlands Railway Supported Insights Scheme. The programme gave pupils the opportunity to develop confidence, communication, teamwork, and workplace awareness through engaging activities and real-world experiences linked to the railway industry. During the award ceremony, pupils were recognised for their commitment, enthusiasm, and personal achievements throughout the scheme. Staff, families, and guests were proud to celebrate the progress and accomplishments of every student who took part.



Backlit

Students at Sutherland House School recently took part in a creative workshop linked to an exciting new public artwork project being developed by Nottingham City Council, BACKLIT Gallery and It's in Nottingham. The workshops explored the story and symbolism behind a new Maid Marian sculpture being created by internationally recognised artist Alicja Biala, which will be unveiled this summer at the new rain garden on Maid Marian Way. Pupils enjoyed learning about local history, nature, and public art, while contributing creative ideas inspired by Nottinghamshire's native plants and folklore. The experience gave students the opportunity to engage with an important community arts project and celebrate Nottingham's culture, creativity, and environment.



University sport day

On 30th April 2026, five students attended a fully inclusive SEN Sports Day at the David Ross Sports Village, organised by Nottinghamshire Active as part of the Believe, Move and Achieve programme. Partnered with Bracken Hill School, students took part in a variety of activities including sitting volleyball, indoor archery, climbing, and boccia, all designed to promote resilience, communication, and teamwork. The day also included an inspiring talk from a Paralympic silver medallist, where students had the opportunity to hold a silver medal and Olympic torch. The event concluded with certificates and medals to celebrate the students' fantastic participation and effort throughout the day.

